

THE DREAMFIRE EXPERIENCE

**Making A Living
Doing What You Love.**



DOING WHAT YOU LOVE

Dreamfire Workbook and Life Journal

Presented by  Lifeforming Leadership Coaching

Dreamfire Workbook and Life Journal



Copyright © Lifeforming Leadership Coaching 2016. All rights reserved. No part of this workbook may be reproduced or transmitted in any form or by any means, electronic or mechanical, including photocopying, recording or by any information storage and retrieval system, without permission in writing from Lifeforming Leadership Coaching, Virginia Beach, VA. For additional copies please contact: Dreamfire@Lifeformingcoaching.com.

Dreamfire ® is a registered trademark of Lifeforming Leadership Coaching, Virginia Beach, Virginia.



THE DREAMFIRE EXPERIENCE

Intersecting Purpose with Passion

Process

This workshop is an interactive experience for people motivated to live their lives on purpose. The presenter will model the process by Demonstration / Illustration / Activation. The participants will interact with the presenter and their peers through Reflection / Realization / Replication.

This transformational experience surfaces and clarifies our dreams, hopes, purpose and callings and links them to our core values and passions. Participants choosing the license option will also work the 8 week PLUS follow up (in person, by phone, and online). They will enjoy the Support, Encouragement and Accountability (S.E.A.) for sustainable momentum and RESULTS; designing a "living life plan" that launches them into an expertise of catalyzing others dream destiny.

*Behold, I will do a new thing,
Now it shall spring forth;
Shall you not know it?
I will even make a road in the wilderness
And rivers in the desert.*

Is. 43:19

INTRODUCTION

Personal Checkup

“Why I should I have this experience at this time in my life”

Circle One True / False

- | | | | |
|---|---|-----|--|
| T | F | 1. | There was a time in my life when I had an excitement and passion for life that has now diminished. |
| T | F | 2. | The pace of my life has over taken my ability to stay focused on what nourishes and flourishes me. |
| T | F | 3. | I have experienced repeated Resistance to coming into the Promised Land of my Purpose. |
| T | F | 4. | I want to know how to rekindle the fire in my life and in the lives of others. |
| T | F | 5. | I want to make a living doing what I love. |
| T | F | 6. | I want to find the support to make measurable progress towards my dreams. |
| T | F | 7. | I want to find ways to monetize the Big Dreams in my life |
| T | F | 8. | I want to be a part of an organic community that empowers dreams. |
| T | F | 9. | I want ways to leverage my limited time to maximize a more focused living. |
| T | F | 10. | I want to make my best decisions based on my best understanding of my Purpose and Passion. |

KEY: 1-3 True *This process will be one of your best investments.*
 4-6 True *This process will transform your approach to life.*
 7+ True *This process will become part of your calling to others.*

DEFINITIONS

Hope: Yearning/Longing/Depending/Entrusting/Investing/Assuring/Founding

Heb. 11:1 Now faith is the substance of things hoped for, the evidence of things not seen.

Purpose: Aligning our unique Message with our unique Design/Desires/Dreams

1 John 3:8 For this purpose the Son of God was manifested, that He might destroy the works of the devil.

Psalm 139:14 I will praise You, for I am fearfully and wonderfully made; Marvelous are Your works

Calling: Expression of a time-sensitive Purpose in our unique Context/Culture/Character/Charisma

Rom. 1:1 Paul, a bondservant of Jesus Christ, called to be an apostle, separated to the gospel of God

Dream: Level 1 = Wish list/Bucket list/Fantasy

**Our Focus* Level 2* = Life Narratives/Inspired Imaginations/Abiding Aspirations

Level 3 = Revelatory night messages/nightmares/demonic attacks

Matt. 2:13 Now when they had departed, behold, an angel of the Lord appeared to Joseph in a dream, saying, "Arise, take the young Child and His mother, flee to Egypt, and stay there until I bring you word; for Herod will seek the young Child to destroy Him."

Passion: Our personal non- negotiables to live and die for what are at the "core" of who we are and what will become our unique signature message and story.

Dreamfire: Personal Passions & Dreams/Hopes = sustainable "aliveness" that FOCUSES your Life Energy to pursue Level 2 Dreams above resulting in Kingdom impact.

Dreamfire Experience: Discovering/Developing/Deploying your Anointed, Intentional Difference.

Designed by God Makeup: The unique combination of our God given gifts, skills and abilities (nature) that are interwoven with the unique aspects of our developmental life (nurture).

Anointed Passion: the energizing, intense appetite that demands action.

Identity Anointing: Prophetic metaphor or word picture, image, catch phrase, or statement that captures your unique anointing

DREAM CONVERGENCE ZONE

The Intersections of 2-4 of these Dream Focuses together

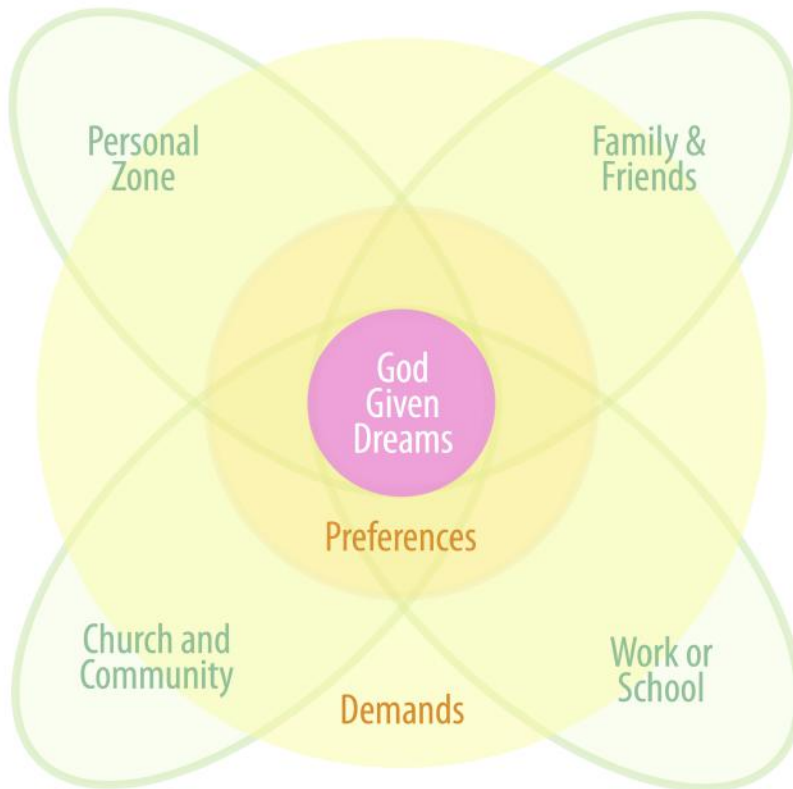


Table Talk

My Goal for this Dreamfire Experience is:

Insights and Observations:

What I learned from hearing from others.

1

SESSION ONE **THE FIELD OF DREAMS**

Purpose: The power of creating a place in our homes, church and community where we come to focus on our dream! Telling your story of transformation that happens when you discover and recover the special place in your heart and mind so that “He will come”.

Rom. 12:3 For I say, through the grace given to me, to everyone who is among you, not to think of himself more highly than he ought to think, but to think soberly, as God has dealt to each one a measure of faith.

Video Moment

Discerning Former Fields of Dreams

“If you build it _____ will come.”

Reflective Question:

“What were you doing/thinking in 4th grade that showed the seeds that would sprout into what you want to be and do today?”

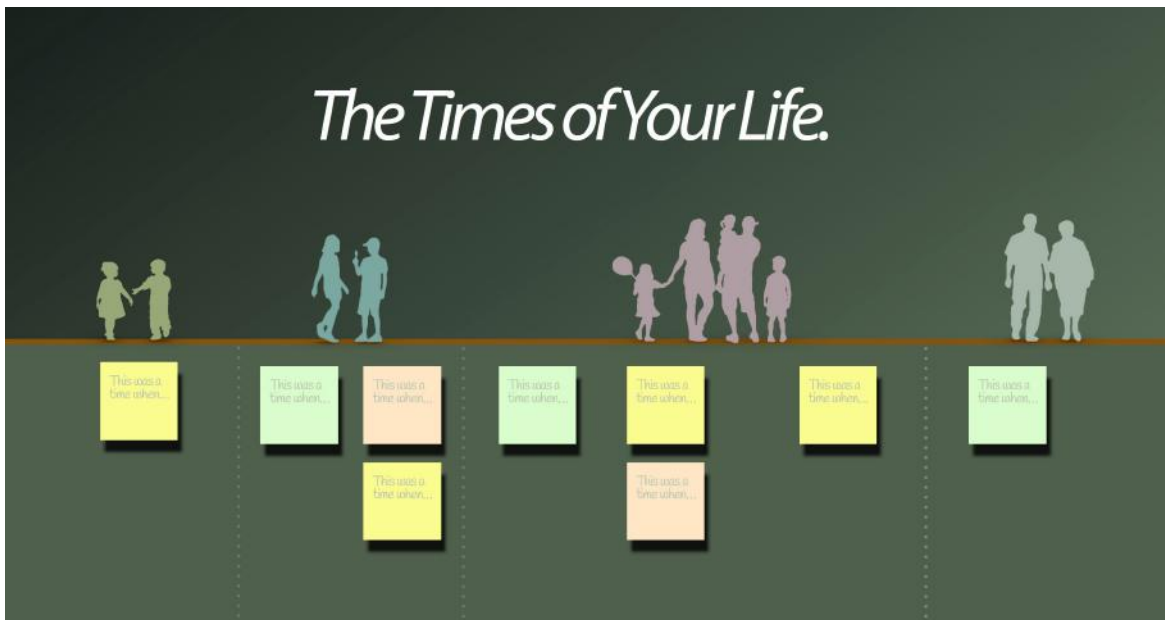
Activation: **MY TIME LINE**

Use a clean sheet to draw a horizontal line across the page.

Mark off Childhood, Youth, Young Adult, Adult, spaced off on the line.

We have provided the chart on the following page to help you get started. Add to it on extra paper as you need space.

Take a pad of RED, YELLOW, and GREEN sticky notes and write key events or dreams that stand out in your life; Green = Good, Red = Bad, Yellow = Not Sure. Place them along your Timeline around the category and age.



Reflective Questions:

What personal dreams were you seeing emerge at certain times?
Where did they happen?"

What might God have been developing in you through these events to prepare you to handle His dreams?

What if you view these dreams/events through God's redemptive nature? How might reframing events and dreams reveal Father's preparation for you to fulfill His dreams for you?

Table Talk

Share with your peers or table some insights you have gleaned from this exercise. Ask questions of your presenter for clarification of deeper insights.

Record Insights and Observations

Times of My Life

Story: *"Here Comes that Dreamer..." Gen. 37:19*

Principles:

- God is dreaming through us as children and young adults.
- Context for the fulfillment of His dreams may be years and miles away.
- The dream-busters that come our way are preparation for dream fulfillment later.
- The way the dream is actualized may be different from the way we thought it would.

Discovering Present Field of Dreams

Gen. 28:12 "Then he dreamed, and behold, a ladder was set up on the earth, and its top reached to heaven; and there the angels of God were ascending and descending on it."

Based on your Timeline, your personal "Designed by God" makeup (nature and nurture) and your current circumstances: What Present Field do you need for your Dream to flourish?

Physical Place/Living Environment ...

Geographical Place ...

Financial Place ...

Spiritual Place ...

Emotional Place ...

Relational Place ...

Deploying Present Field of Dreams

"...and will watch to see what He will say to me..." Hab. 2:1

Reflection Activation

Given any limitations to your present circumstances beyond your control, even with limited time or money, what action steps can you take now to make progress toward creating a Present Field for discerning, discovering or deploying your key Dreams?

What if we had the passion and creativity of creating a place in our homes, church and community where people come to dream! What might that look like?

Group Debrief

Take away from this session:

The FIELD of Dreams I am choosing to cultivate in the next 8 weeks is ...

2

SESSION TWO **THE FOCUS OF DREAMS**

Purpose: By intentionally focusing on what we want to be pursuing we are better able to say “no” more often to even the good, in order to say our resounding “YES” to the best of a life lived well!

Key: If we miss celebrating what we have and where we are now, we may miss the gifts along the way to where we want to be in the future.

Scripture: Phil. 4:8 “Summing it all up, friends, I’d say you’ll do best by filling your minds and meditating on things true, noble, reputable, authentic, compelling, gracious—the best, not the worst; the beautiful, not the ugly; things to praise, not things to curse. Put into practice what you learned from me, what you heard and saw and realized. Do that, and God, who makes everything work together, will work you into his most excellent harmonies.”

Video Moment

Record Video Insights and Observations:

Group Debrief

Video Moment

Reflection Questions

Who Do I Want to BE? *Ask Big*

Most people spend more time thinking about what they want to do in life than reflecting on what they want to be. Looking at what we'd like to become or be remembered for can tap into our most deeply held (but often unspoken) values that give passion to our dreams.

"How do I want to be remembered when I die?" "What would I want people to celebrate as what was right in my life?"

What Do I Want to DO? *Dream Big*

For now, try to “take the lid off” of your sense of what seems possible or likely, and dream as if you had unlimited resources and couldn’t fail. What have you always wanted to do in your life? What do you dream of accomplishing? Push it out beyond what seems comfortable to what would make your heart leap if you actually did it!

Finish the sentence, “Before I die, I want to ...

Who Do I Want to HELP? *Serve Big*

Every person is specifically called and designed by God to help a certain type or group of people. Identifying the people you were specially made to serve or bless is an important clue to your life purpose. . If you are the type who thinks of what to do and not normally in terms of people, try to identify who is impacted by what you do.



What's My Ideal LIFE? *Live Life Big*

How would you like your life to look? What kind of lifestyle do you want to lead?

Video Moment

Demonstration of the Power in a Paragraph

READ: A letter that honors playing our Bigger Game of Life

WRITE: A paragraph that describes a day or a week in your life in the future that includes the above reflections. Write it as if someone was following you throughout your day or week and taking notes or taking snapshots of your life living out those descriptions.

Table Talk

Share with your peers as you read your descriptions to them of a great day or week in your life and see if they can name the dreams by the way you expressed it.

Personal Check Up

John Maxwell's book, *Put Your Dream to the Test*, asks Ten Great Questions for restoring the power of Dreams in our daily lives.

- 1 **The Ownership Question** "Is my dream really my dream?"
- 2 **The Clarity Question** "Do I clearly see my dream?"
- 3 **The Reality Question** "Am I depending on factors within my control to achieve my dream?"
- 4 **The Passion Question** "Does my dream compel me to follow it?"
- 5 **The Pathway Question** "Do I have a strategy to reach my dream?"
- 6 **The People Question** "Have I included the people I need to realize my dream?"
- 7 **The Cost Question** "Am I willing to pay the price for my dream?"
- 8 **The Tenacity Question** "Am I moving closer to my dream?"
- 9 **The Fulfillment Question** "Does working toward my dream bring satisfaction?"
- 10 **The Significance Question** "Does my dream benefit others?"

Group Debrief

What PERSONAL big dream in your life do you want to make progress towards in 2016-2017?

Take away from this session:

The FOCUS of Dreams that I am choosing to prioritize in the next 8 weeks is

Break for the day.

See you in the Morning at 8:50

3

SESSION THREE **THE FIRE OF DREAMS**

Purpose: To rekindle the Fire of our Core Passions that energize the pursuit of our Dreams and know how to keep it burning brightly.

Phil. 2:13 *"For it is God who works in you both to will and to do for His good pleasure."*

Video Moment

Insights and Observations:

"When I _____ I feel God's pleasure."

"When I allow myself to think/imagine/plan/hope/ in the future for _____ I feel ..."

*God's Passion for your unique Design +
Your Passion for your unique Desires
fuels a Spirit-led Passion for our Dream Destiny*

The Fire of UNIQUE DESIGN

God has a Passion for our unique Design = Psalm 139

“How has God Designed you to have consistent energy for your life-long Dream pursuit?”

Take the Gift Assessment in the Resource Section

Primary _____ Secondary _____ Tertiary _____

Considering your Romans 12 motivational gift mix reflects your Destiny Design, respond to this question:

“When I function in my _____ I feel God’s pleasure.”

Activation: Introduce Yourself based on your motivational gifts

Thinking about your gifting and talking about it with others is a great way to see yourself as representing the image of God. And a great way to see His image in others.

Get with someone, in groups of 2 to 3, and refer to the information sheet at the end of your assessment. Using the info sheet, share a fun story where you can now see that your gifting was showing up. Take turns so that each person shares an incident or two.

If time permits, talk about how your gifts are alike and how they are different.

The Fire of UNIQUE IDENTITY

God has a Purpose for our unique Identity = John 10:3

“To him the doorkeeper opens, and the sheep hear his voice; and he calls his own sheep by name and leads them out.” John 10:3

REFLECTIVE Identity Assessment

What is the meaning of your name if you know it?

Why did your parents give you that name if you know it?

What name would you have chosen if you had your choice?

GROUP DISCUSSION

How does your Identity Name line up with your Design Gifting to energize you towards pursuing your Dream?

BREAK

Video Moment

The Fire of CORE VALUES

We have a Passion for knowing what to live and die for.

Core Values Assessment in the Resource Section

Reflective Questions

My core value energy that I bring to the room when I show up and to my Dream pursuit when I am focused is...

In as few words as possible describe what is one of the core values that was evident in your family upbringing as a child?

What is one value that you can name that has been constant and passionate in your life over the last number of years?

Choose one or more of the areas listed in the "Wheel of Life" where that value shows up.

WHEEL OF LIFE



Table Talk

Share your answers to the three questions above with your group members. Listen to the “fire in the heart and voice” of those sharing. How can you tell if this really matters to them?

Insights and Observations

The Fire of FINANCIAL VISION

Our view of Financial Stewardship Fuels the size and the pace of the Dream we will achieve.

The big question:

How has God designed me to steward the finances He provides towards His Dreams in my life?

Financial Stewardship Value Discovery

Defined: This is how we handle the property, money, and other assets that God entrusts to our care. Beyond the commonly shared Christian values of stewardship, each of us has a unique way of gathering, caring for, multiplying, and investing those resources.

Values Discovery Questions:

What words come to mind when I consider how I steward my material possessions?

How do I manage my money? How do I operate things like bill-paying, indebtedness, savings, investments, setting and living by a budget, etc.? What do these things tell me about my financial values?

What Scriptures about money jump out at me? What does this tell me about my financial values?

What does doing well financially look like for me personally, when I'm really honest about it? What are the essential elements?

What does trusting God with my finances look like for me as an individual?

Personal Check Up

If I could choose one of these phrases to most closely describe what I sense the Lord's call on my finances to be, which would I pick?

Financial Prosperity (*creating enough wealth to share and leave as a legacy*)

Financial sufficiency (*enough to live on without depending upon others*)

Financial minimalist (*living on little to be free to focus on personal priorities*)

Radical poverty (*i.e., Mother Theresa, vow of poverty as a living witness to others*)

How do I envision my ultimate financial destiny in my senior years?

BREAK

The Fire of UNIQUE ANOINTING

Our Partnership with the Holy Spirit enables us to fan the flames of our Dreamfire to seize the key moments in our Purpose timeline.

Key Question: *When the Spirit of the Lord is upon you, what does the anointing cause you to be and do?*

Your Anointed Difference Assessment

1John 2:27 "But the anointing which you have received from Him abides in you..."

"The Spirit of the Lord is upon Me, Because He has anointed Me..." (Luke 4:18-19) To preach the gospel to the poor. He has sent Me to heal the brokenhearted, To proclaim liberty to the captives And recovery of sight to the blind, To set at liberty those who are oppressed; To proclaim the acceptable year of the Lord."

Reflection Question:

When the Spirit of the Lord is upon you, what does the anointing cause you to be and do?

Anointed Passion = the energizing, intense appetite that demands action.

Indicators of Anointed Passion in our lives:

- Heightened Emotion
- Physical "Aliveness"
- Psychological Well-Being
- "In the zone" Focus

Anointed Passion Questions

What spiritual stirrings keep me up at night?

When are you most naturally engaged or animated about something?

What spiritual passions do I think about over and over?

What ignites my creativity?

Here is what my close friends say I am most passionately anointed about:

What soap box topics really get you going?

I really love it when I get to...

Here is one of my Anointed Passions whenever I sense the Spirit of the Lord is upon me:



NAMING YOUR ANOINTED PASSION WORD

The Power of Prophetic Metaphor

What word picture, image, catch phrase, or statement captures your unique Identity Anointing at this stage of your life?

(Examples: Braveheart, Bridge-builder, Truth-teller, Peace-maker, Advocate)

Record the phrases that are given to you by others or that come to your mind here:

My ID ANOINTED Word picture suggests:

I need to...

I dislike to...

I yearn to...

I oftentimes...

I insist on...

I avoid...

I am unlikely to...

I am most fulfilled...

Reflection Questions

Define the words "fullness" and "abundance" in terms of your present experience with God in your work life?

How might God's Anointing exceed your present Dream expectations or the time frame to get there?

Revival Moments: Rekindling our Fire for God's Presence

Dreamfire Moments: Reigniting our Fire for God's Dream Purposes

My DECLARATION to "fan into flame" this specific Dreamfire Passion: "I declare that

Video Moment

Activation

CALLING FORTH / PROCLAMATION / ACTIVATION / BREAKTHROUGH

Group Debrief Time of Rekindled Fires

Take away from this session:

The FIRE of Dreams that I am choosing to re-ignite in the next 8 weeks is . . .

LUNCH BREAK

4

SESSION FOUR **THE FORCES OF DREAMS**

Video Moment

Purpose: To recognize positive and negative forces that either resist or embolden our God-given dreams.

The Resistance Within / *The War of Art Statements*

Reflection Questions:

The consistent thoughts, “childhood tapes”, fears, or ungodly beliefs that I deal with when facing my God-sized dreams are:

2Tim. 1:7 For God has not given us a spirit of fear, but of power and of love and of a sound mind.

The Resistant Without / *Border Bullies*

My key "Border Bullies" that hem me in from Pursing my Dreams (people, life circumstances, time, money, etc.)

The disappointments or disillusionments I have because of the Delay of my Dream launch, progress, or fulfillment are:

*Then the Lord answered me and said:
"Write the vision
And make it plain on tablets,
That he may run who reads it.
For the vision is yet for an appointed time;
But at the end it will speak, and it will not lie.
Though it tarries, wait for it;
Because it will surely come,
It will not tarry.*

Hab. 2:2-3

My renewed mind, mature, godly thoughts or beliefs that I will declare to win over those that resist my dream pursuits are:

Video Moment

DECLARATIONS

My Key Takeaway Action Steps to overcome this Resistance Within:

Specific, Measurable, Achievable, Relevant, Time-specific goals to deal with Resistance.

SMART GOALS FOR NEXT 8 WEEKS

- 1.
- 2.
- 3.

SILENT ACTIVATION

BREAK

Dreamfire Incubator *The Force is With You*

Making a Living Doing What You Love, Tools and Coaching for Business Success

Multiple Streams of Income

Mastermind Groups

Lifeforming Resource Membership

Coach Marketing Intensives

Dreamfire Incubators to Scale your Business

Funding and Grant Training

Licensed Presenter Programs

Debt Reduction Acceleration

KEY: Using what is in our hands NOW?

My key steps I can take NOW without the money or resources I will need later

My steps I can take NOW to Free Up or Leverage the money or resources I need

Activation

My key COURAGEOUS Step of FAITH I will take to break through the borders:

Breakthrough Demonstration

Take away from this session:

The FORCE against Dreams that I am choosing to resist in the next 8 weeks is

BREAK: Q & A at Resource Tables

5

SESSION FIVE **THE FRIENDS OF DREAMS**

Purpose: To see the vital role of people who will support your dream, and how to make S.E.A. Change Plans to develop and expand your dream team, locally and internationally.

Becoming an Advocate & Catalyst

Video Moment

Story: *Fellowship of the Smoke*

Reflection:

Write a note thanking your “Friends of Dreams” who stood with you, believed with you, and helped birth and release your past or present dreams despite the border bully resistance from inside or outside.

Creating a Culture of Dream Honor through Hero Stories

Table Talk

Community of Dreams: *Creating a Fellowship of giving gifts of Honor for Dreams*

Affirmation Time *Speaking Words of High Value & Hopeful Futures*

Action Steps Exercise:

SMART Goals for launching or recovering dream momentum (see Resources)

SEA Plan for creating a Community of Dreams (see Resources)

Take away from this session:

The FRIENDS of Dreams that I am choosing to cultivate in the next 8 weeks is

Group Debrief

Next steps

ACTIVATION: *Dreamfire Tunnel Declarations*

THE DREAMFIRE EXPERIENCE RESOURCE SECTION

Keys *for me to unlock my dreams!*

The **FIELD of Dreams** I am choosing to cultivate in the next 8 weeks is:

The **FOCUS of Dreams** that I am choosing to prioritize in the next 8 weeks is:

The **FIRE of Dreams** that I am choosing to re-ignite in the next 8 weeks is:

The **FORCE against Dreams** that I am choosing to resist in the next 8 weeks is:

The **FRIENDS of Dreams** that I am choosing to cultivate in the next 8 weeks is:

One Person's Story

UNIQUE DESIGN

Jessica is a people person. She is energized by good friendships, fun, and conversations. She is a person people like to be around. She is attractive in multiple ways and very engaging as a young adult who can weigh in on any conversation

Jessica is a creative person. She has an eye for artistry in several venues and knows what is compelling to the eye and design.

Jessica is an adventurous person. She loves to be on the move and has "explorer" ability to experience changing environments.

UNIQUE DESIRES

Jessica is genuine. She lives and breathes for authenticity and real friendship.

Jessica is a developer. She loves to develop people in their growth and potential.

Jessica is a motivator. She models a can-do attitude in the midst of circumstances beyond one's control.

UNIQUE DREAMS

Jessica envisions teaching, training, and influencing children to shape their futures.

Jessica sees herself helping those in influential public roles to project their best by her professional ability as a "make-up artist".

Jessica projects herself as a compelling and informative tour guide for the New York City market in Museums, special needs children camps, and specialty restaurants.

UNIQUE DESTINY

Jessica is destined to leave a winner's legacy that will give courage and hope to many through her success and her unique story in her adult life. She will inspire.

UNIQUE STORY

By 2017 Jessica has the joy of managing her busy schedule. Her typical week involves her blog and articles she is writing from her studio apartment in NYC. Many of her responses are to the people who were impacted by her personality and professionalism on one of the tours she led at one of several museums that have hired her two nights a week and one weekend a month.

Jessica enjoys her weekly preparations for the classes she teaches to the international elementary school children that she can get to on her own from her apartment. Because of her impact on these children Jessica is taking two trips a year to visit them in their home countries for both her personal learning as well as her ongoing continuing education as a part-time teacher and tutor for them. Her presence in these cultures has inspired others who have not dreamed of possibilities like this in their lives.

Jessica is managing regular invitations to appear on TV and Radio for help in fundraising for special needs children. One of the joys she has found through this service is that she has met numerous well-known celebrities and leaders, several of which have hired her to be their make-up artists when in town for various functions.

Jessica finds her restoration and rest in hosting her numerous friends from all over the globe who come to NYC with theatre attendance, gourmet restaurants, and even in her dinner parties in which she has become somewhat of a celebrity cook in her own circles. Her favorite time of year is the summer when she travels to several camps as a counselor for special needs children; especially enjoying the fishing outings that she leads as both a tour guide and an expert fisherman.

By 2020 Jessica is sought out for her consulting advice to empower special needs families and organizations in such areas as arts and entertainment, outdoor sports, and cooking. She has even helped others in the launch of a cooking channel that specializes in people with unique needs. She has a waiting list of clients who pay her top rates as a Life Coach to help them maximize their lives no matter what.

Spiritual Gifts Inventory, Short Form

A method to help you discover your gifts. Check the items which best describe you.

1. ____ I prefer ministering by myself rather than in a group. G
2. ____ People often say I am impulsive and direct. A
3. ____ My financial resources are above average. A
4. ____ I like to counsel people on a short-term basis. D
5. ____ I am a task-oriented person. G
6. ____ I love directing other people's work. B
7. ____ It's natural for me to show kindness to people. E
8. ____ People learn easily from me. C
9. ____ I can be very persuasive. F
10. ____ More than 10 percent of my income goes for Christian causes. A
11. ____ People often follow my advice. D
12. ____ I normally use several books in lesson preparation. C
13. ____ I like to recruit and lead people. B
14. ____ One-on-one relationships are important to me. E
15. ____ I possess a variety of talents and abilities. G
16. ____ I want to measure everything by God's Word. F
17. ____ Material possessions don't mean much to me. A
18. ____ Discouraged people are encouraged by my words. D
19. ____ Being accurate and truthful are important to me. C
20. ____ I love the challenge of accomplishing an organization goal. G
21. ____ Other people's spiritual welfare genuinely concerns me. D
22. ____ I usually make quick decisions. F
23. ____ I look for ways to help the unfortunate and downtrodden. E

24. ____ Criticism doesn't bother me. C
25. ____ I often volunteer my time and talents to worthwhile causes. G
26. ____ I am usually self-confident. B
27. ____ I don't expect repayment for favors I do for others. E
28. ____ I enjoy being responsible for the success of the group. B
29. ____ When a question about truth comes up, I am normally right. F
30. ____ Deadlines challenge me, and I usually meet them on time. B
31. ____ People in pain are comforted by my presence. D

Total your checks: A ____, B ____, C ____, D ____, E ____, F ____, G ____

Recording a 3, 4, or 5 after a letter indicates a Spiritual Gift.

EXPLANATION

A. GIVING

You contribute material resources, and do God's work with liberality and cheerfulness. You contribute sacrificially, motivate others, and don't shun pressure or publicity. Romans 12:13 – "Share with God's people."

B. ADMINISTRATION

You lead and communicate in such a way that people work harmoniously to reach goals for God's purpose. You enjoy being a leader and can endure adverse reaction to get the job done. You enjoy seeing tasks complete; are able to set guidelines, schedules, and policies; and can delegate to get the work done. Romans 12:14 – "Bless those who persecute you."

C. TEACHING

You communicate the truth with obvious results. You believe your gift is foundational and work systematically and with accuracy. Romans 12:11 – "Keep spiritual fervor."

D. EXHORTATION

You minister by giving comfort, consolation, and encouragement so people feel helped and healed. Problems are only challenges, and you are drawn to those seeking spiritual growth. You can share personal failures to prompt others to talk. Learning and teaching practical information is your desire. Romans 12:12 – "Joyful, patient and faithful."

E. MERCY

You feel compassion for those who are suffering and perform deeds to reflect God's love. You are naturally drawn to hurting people, sensitive, giving, loving and desire healing. Romans 12:15-16 – "Rejoice with those who rejoice, mourn with mourners, live in harmony."

F. PROPHECY

The goal of those who have the gift of prophecy is to bring persons face to face with God. You discern, reveal motives and actions, have strong convictions and a need to express them. Impulsive, direct, and persuasive, you normally are a strong person. Romans 12:9 – “Love must be sincere, hate evil, cling to good.”

G. SERVING

You identify and meet the needs of others using personal as well as other resources. You see needs and enjoy responding. You work best short-term and alone (do it now and quickly). You possess endurance and stamina and have a tendency to do too much. Romans 12:10 – “Be devoted, honor one another.”

(Used with permission from Easum, Bandy, & Associates, Inc. (www.easumbandy.com).
Inventory can be found in workbook: *Discovering Our Place in God's World* and in
Development of Church Officers in the Cumberland Presbyterian Church by Chris Joiner)

Personal Values Exercise

Value and priority, *defined*: For purposes of this exercise, the terms *value* and *priority* are defined to mean those things which are *most important, prized, valued*, or are *at the top of the list at this time in your life* in your estimation.

You will find over seventy terms below (in alphabetical order) that *could* represent the values or priorities in your life. This list is *not* intended to be exhaustive; feel free to add any additional terms or phrases you feel should be added to the list of *your* values and priorities. Also, please note that the terms have *not* been defined *intentionally*. For purposes of the exercise, you may use these terms as *you* prefer to use them (or as you prefer that they mean).

Take a few minutes to look over the list. After you've done so, select those *five or six* terms that represent things that are *most important* to you at this time. Understand that *there are no right or wrong choices*. Whatever is important to *you* is what is important to you. Thus, be sure to select those that represent what *you* prize or value most. *What someone else thinks is totally irrelevant*.

Circle those five or six items below that are most important to you at this time in your life.

Achievement	Faithful	Patience
Adventure	Family	Perseverance
Attitude	Financial Security	Privacy
Authenticity	Freedom	Recreation
Balance	Friends	Reserved
Beauty	Generosity	Respect
Camaraderie	Gratitude	Responsibility
Challenge	Growth	Rewards
Community	Harmony	Security
Compassion	Having fun	Self-reliance
Competence	Humility	Self-sacrifice
Competitive	Humor	Sensitive
Connected	Independence	Sociable
Consistency	Individualism	Spirituality
Contributor	Innovation	Status
Cooperation	Integrity/Honesty	Supportive
Courage	Involvement	Survival
Creativity	Jovfulness	Tenacity/Perseverance
Decisive	Leadership	Tolerance

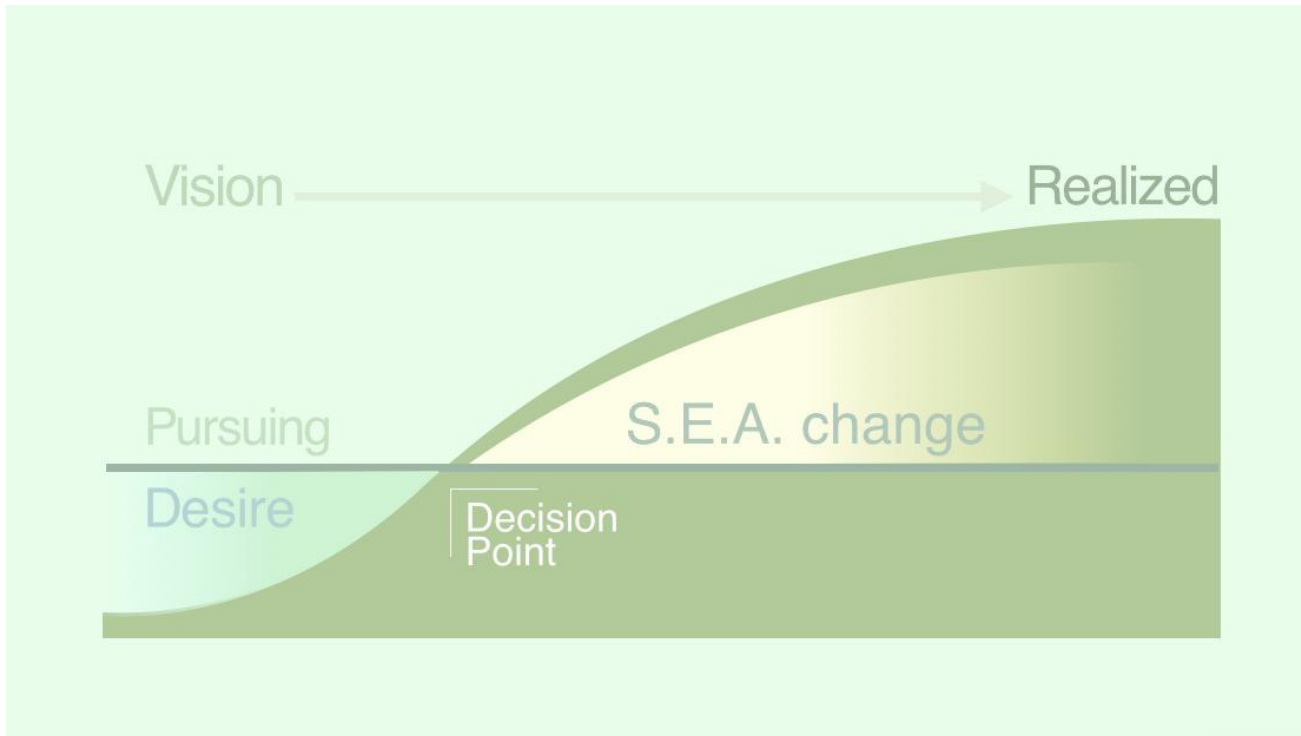
Dependable
Diplomacy
Education
Endurance
Excellence

Love
Loyalty
Money
Opportunity
Participation

Tradition
Travel
Virtue
Winning
Wisdom

© 1993, 1997, 2000, G. Robert Greene, PhD

S.E.A. = Support, Encouragement, and Accountability



AN IMPORTANT NOTE ON ACCOUNTABILITY

Many people have experienced “toxic accountability” from an employer, spouse, religious leader, or military officer, and may be defining “independent agent” as meaning freedom from that past or possible future. That is a natural response but will lead to mediocrity instead of accelerated goal accomplishment.

The key is a healthy “interdependency” that provides the power of accountability while eliminating its potential downside. That is why we present accountability with the forces of Support and Encouragement as one complete package that delivers over 8 Week “Plus” what is

needed to accomplish the major goals for success.

One key to this holistic success paradigm is the Accountability to any goal is coming from the participant themselves as to what S.M.A.R.T. Goal they chose to receive S.E.A, from their peer coach.

In order to make the maximum use of this weekly peer SEA time it is extremely helpful for each person to write down an actual, direct question about the area of accountability, as much for the accountability partner's sake as for you own. Persons not used to holding others accountable will often be embarrassed to ask, or may ask a vague question that can easily be dodged. Agreeing on the question beforehand makes it much easier for the peer partner to do his or her job.

Great Accountability Questions:

"Did you follow through this week on what you set as your goal?"

"Did you accomplish each of the 3 Action Steps you agreed you wanted to do this week?"

Poor Accountability Questions:

"How is it going?"

"Did you have a good week?"

"Are you feeling that you are on track?"

S.M.A.R.T. GOALS

Dreams can be unrefined hopes; cost-free aspirations we might do some day. Converting a dream or change objective into a goal is a decision to take tangible steps to pursue it.

Goals are specific future targets that we are committed to becoming or accomplishing in an action-oriented, time specific way.

Making a Goal SMART

SPECIFIC = A goal is specific when you can describe it concretely to others.

Example: "I want to be wealthy" is not a specific goal - how much money is that?

"I want to be a millionaire by the time I am 45," or "I want to be able to retire at my current income when I am 50" is specific.

MEASURABLE = We need to be able to tell when we have accomplished it.

Example: "I want to be a better father" is not a measurable goal - how do I know when I am "better"? "I want to improve my fathering by completing a "Fatherhood training this month" is a measurable goal.

ATTAINABLE = It is realizable given your present circumstances and responsibilities.

Example: "I want to be the best husband in 60 days" is probably unattainable if you are seven months into pregnancy and your family is coming for a three-week vacation at your place.

RELEVANT = A goal is relevant when it is important to you—when it references your dreams and values.

Example: "I want to pay off all my debts in 5 years" is a relevant goal for someone who is positioning him or herself for freedom to serve in a critical humanitarian project or accelerate wealth building for their grandchildren.

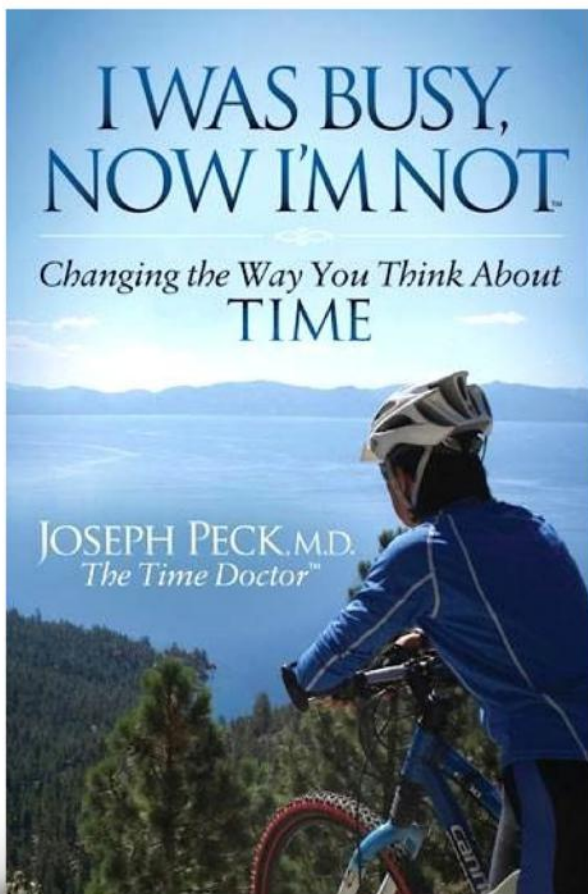
TIME-SPECIFIC = Goals are not open-ended—they have dates attached

Example: “I want to start a home for unwed mothers” is not time-specific; while “I want to get the training I need to start a home for unwed mothers and launch it in the next five years” is.

Providing Support, Encouragement and Accountability

- Define the goals in which you would like support, encouragement and accountability.
- Make them S.M.A.R.T.
- What obstacles do you foresee in reaching your goal?
- What resources will allow you to overcome these obstacles?
- What are the first steps you are going to take to make your goals a reality?

“WHAT IF I DON'T HAVE ENOUGH TIME TO GO AFTER THE DREAMFIRE IN MY LIFE?”



TIME is your LIFE. When you waste your time, you waste your life.

Let me ask you ...

- *Does your time seem to be in short supply?*
- *Have you had enough of feeling overwhelmed?*
- *Are you ready to find time for what matters most?*

If so, this book will help you discover how to:

- Simplify your complicated life
- Make time for what matters most
- Live your big dreams

Here is the link to read endorsements and a **free** first chapter of the book.

<http://iwasbusynowimnot.com/books/iwbnin-chapter1.pdf>

Blessings to redeem the time!
Joseph

Joseph Peck, M.D.
The Time Doctor
Empowering Dreams